



BlueCross BlueShield
of Texas

Healthy Texas Women Overview



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Purpose

To do everything in our power to stand with our members in sickness and health. We strive to develop relationships with our members, providers and the communities that we serve in order to better our STAR, CHIP and STAR Kids members' health.



Healthy Texas Women Overview



Healthy Texas Women is a program that provides primary health care services, including family planning services, reproductive health service and health screenings, to eligible women under 1 Tex. Admin. Code Chapter 382, Subchapter A.

Healthy Texas Women provides a wide variety of women's health and core family planning services, including:

- Pregnancy testing
- Pelvic examinations
- Sexually transmitted infection services
- Breast and cervical cancer screenings
- Clinical breast examination
- Mammograms
- Screening and treatment for cholesterol, diabetes and high blood pressure
- HIV screening
- Long-acting reversible contraceptives
- Oral contraceptive pills
- Permanent sterilization
- Other contraceptive methods such as condoms, diaphragm, vaginal spermicide and injections
- Screening and treatment for postpartum depression

For additional information such as: Who can Apply, How to apply, Additional Questions and Answers, please visit:

<https://www.healthytexaswomen.org/healthcare-programs/healthy-texas-women>

Who is eligible?



Women may get services if they:

- Are a woman between the ages of 15 - 44 (women ages 15 - 17 must have parent/legal guardian apply on their behalf)
- Are a U.S. citizen or legal immigrant
- Reside in Texas
- Have no health insurance
- Are not pregnant
- Make less than the monthly family income limits listed in the chart to the below:

Family Size, Including Yourself	Monthly Maximum Family Income (204.2% Federal Poverty Level) Effective 3/20/2021 – 02/28/2022
1	\$2, 192
2	\$2,965
3	\$3,737
4	\$4,510
5	\$5,282
6	\$6,055
7	\$6, 828

Note: add \$773 monthly for each additional person in a household with over 7 people

How do women apply?



The process:

- Submit an electronic application to Your Texas Benefits:
<https://www.yourtexasbenefits.com/Learn/HomeYourTexasBenefits.com>
- Complete a paper application by [downloading the form](#) and then to fax or mail (available on the website)

Healthy Texas Women
P.O. Box 149021
Austin, TX 78714-9021
Fax (toll-free) 1-866-993-9971
- Call toll-free 2-1-1 or 1-877-541-7905 for assistance
- Visit a local Human and Health Services (HHS) benefit office
- Will need proof of(income, employment, court paper, etc.) documentation to verify meet requirements. The complete list, please visit:
<https://www.healthytexaswomen.org/healthcare-programs/healthy-texas-women/htw-how-apply>



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Services offered by Healthy Texas Women



Family Planning Program

What services are covered? (This service also includes men.)

- Contraceptive services
- Health screening for diabetes, hyperlipidemia and hypertension
- Sexually transmitted infection screening and treatment
- Pregnancy testing and counseling
- Limited prenatal services

For additional information please see website:

<https://www.healthytexaswomen.org/healthcare-programs/family-planning-program>

Breast and Cervical Cancer Services

What services are covered?

- Clinical breast examination
- Screening mammogram
- Pelvic exam and Pap test
- Diagnostic services
- Cervical dysplasia services
- Patient navigation
- Help with Medicaid for Breast or Cervical Cancer applications

For additional information please visit website:

<https://www.healthytexaswomen.org/healthcare-programs/breast-cervical-cancer-services>

Healthy Texas Women

Eligible low-income women may receive free programs offered by Healthy Texas Women to assist with women's health and family planning services.

These services assist women in planning their families, whether they want to delay or prevent pregnancy as well as their overall general health.

For additional information please visit:

<https://www.healthytexaswomen.org/healthcare-programs/healthy-texas-women>

Healthy Texas Women Plus

If a woman has been pregnant within the last 12 months? This program was developed and created for a postpartum care package through the Healthy Texas Women Plus program.

Women must be already enrolled in the Healthy Texas Women program to participate.

For additional information, please visit:

<https://www.healthytexaswomen.org/healthcare-programs/healthy-texas-women/htw-benefits>

Healthy Texas Women Plus Program

What services are covered?

- Some of the postpartum depression and other mental health conditions that are treated include: individual, family and group psychotherapy services and peer specialist services.
- Heart health services includes blood pressure monitoring, image studies and heart medications.
- Substance use disorder, including drug, alcohol and tobacco misuse Services include screenings, brief interventions, treatment referrals, outpatient substance use counseling, smoking cessation, medication – assisted treatment and peer specialist services.

Note: Only the services listed above are paid by this program.

For additional information, please visit: <https://www.tmhp.com/news/2020-08-28-healthy-texas-women-htw-plus-services-available-september-1-2020>

How to become a HTW Provider?



The process:

- Providers must enroll in Texas Medicaid through Texas Medicaid & Healthcare Partnership (TMHP).

Several ways to submit enrollment:

Apply online at TMHP website: <https://www.tmhp.com/>

- Select “providers”
- Select “Enroll Today”
- Follow instructions

Complete a paper application download forms from TMHP website: <https://www.tmhp.com/>

- Go to forms page
- Select: Provider Enrollment-Application and download forms.

Call 1-800-925-9126 to request an enrollment forms

Or

By Mail at:

Texas Medicaid & Healthcare Partnership
Attn: Provider Enrollment
PO Box 200795
Austin, TX 78720-0795

Note: For providers to render service to Healthy Texas Women Plus program, providers must be current HTW providers.

References



Healthy Texas Women

For additional information such as: Who can Apply; How to apply; Additional Questions and Answers, please visit:

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Additional information and contact Information can be found:

<https://www.healthytexaswomen.org/about/contact>



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Questions?

Please contact:

BCBSTX Network Representatives

Phone: 1-855-212-1615

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