

Adult Access to Preventive/ Ambulatory Health Services

Blue Cross and Blue Shield of Texas (BCBSTX) collects data from our providers to measure and improve the quality of care our members receive. Adult access to preventive/ambulatory health services (AAP) is one aspect of care we measure in our quality programs.*

What We Measure

We capture the percentage of members ages 20 and older who had an outpatient ambulatory or preventive care visit with any provider type during the measurement year.

- For Medicaid and Medicare members, one or more visits must occur during the measurement year.
- For state-regulated fully insured and self-funded employer group members, one or more visits must occur during or two years before the measurement year.

AAP is a Healthcare Effectiveness Data and Information Set (HEDIS®) measure. See the **National Committee for Quality Assurance (NCQA) website** for more details.

Why It Matters

AAP visits allow adults to receive preventive services and counseling on topics such as diet and exercise. These visits can help members address acute issues or manage chronic conditions.

Eligible Population

Members ages 20 and older as of Dec. 31 of the measurement year are included in this measure.

- Three age groups and a total are reported for this measure: ages 20-44, 45-64 and 65 and older.
- Exclusion: Members in hospice are excluded from the eligible population.

Ways to Improve

- Schedule preventive care appointments for members.
- Report the appropriate codes for members with one or more AAP visits during the measurement year or the two years before.

How to Document

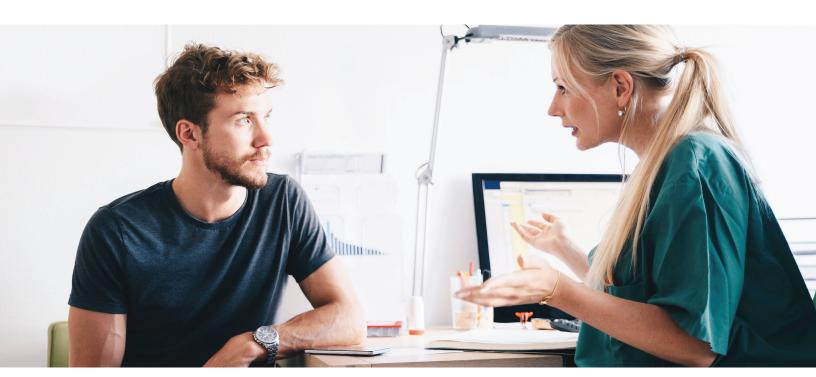
AAP data is collected through claims data only.

For more information, see NCQA's HEDIS Measures and Technical Resources.



Questions?

Contact your BCBSTX Network Representative.



* Quality measures are based on a prior calendar year performance. Measure specifications are from the National Quality Forum (NQF) and/or National Committee for Quality Assurance (NCQA).

The above material is for informational purposes only and is not a substitute for the independent medical judgment of a physician or other health care provider. Physicians and other health care providers are encouraged to use their own medical judgment based upon all available information and the condition of the patient in determining the appropriate course of treatment. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

HEDIS® is a registered trademark of the National Committee for Quality Assurance (NCQA).

Blue Cross®, Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association 754740.1020